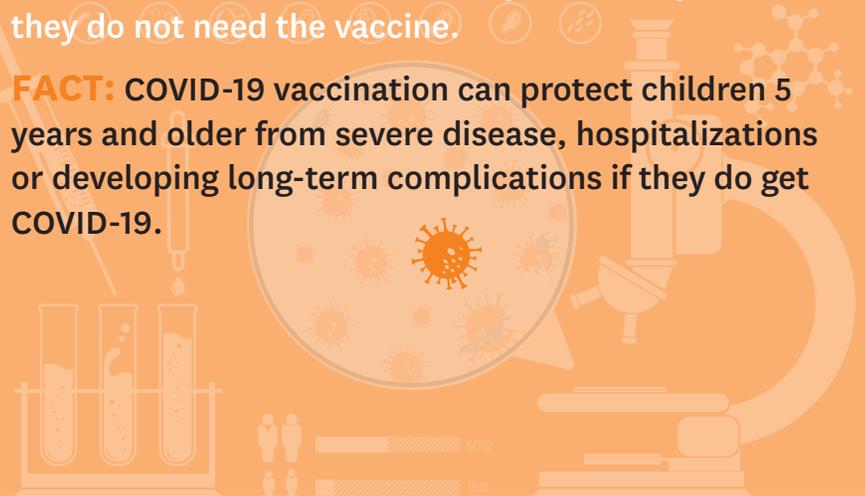# COVID-19 Vaccines and Kids: What can you do to help?

sunshine health™

Talk to youth and parents in your community about the importance of getting vaccinated by sharing your experience and helping to bust the myths.

MYTH! The vaccines don't work. Vaccinated people are still getting COVID-19.

FACT: Breakthrough cases in those who are fully vaccinated have been far milder than COVID-19 in unvaccinated people. The vaccines reduce your risk of getting seriously ill, being put on a ventilator in the hospital, or even dying.

MYTH! The COVID-19 vaccine is not safe for children.

FACT: The COVID-19 vaccine for children has undergone thorough evaluations by the FDA and CDC. Vaccination can help keep children from getting seriously ill even if they do get COVID-19.

MYTH! The COVID-19 vaccine is an experimental drug. It is not safe.

FACT: All COVID-19 vaccines were tested in large clinical trials and are authorized for use by top medical experts and the Food and Drug Administration (FDA).

MYTH! Children are not seriously harmed by COVID-19, they do not need the vaccine.

FACT: COVID-19 vaccination can protect children 5 years and older from severe disease, hospitalizations or developing long-term complications if they do get COVID-19.

CW_3542

COVID-19 Vaccines and Kids: What can you do to help?

sunshine health™

Break the Cycle of Minority Hesitancy

"Vaccine hesitancy spans all groups but is particularly prevalent in Black, Hispanic and other minority populations due to historic mistrust and inequities in access to healthcare. With so many essential workers belonging to these communities, they are at increased risk of exposure to COVID-19. It is critical that these groups get COVID-19 vaccinations to protect themselves and their loved ones."

—**Moses Allen**, *Vice President of Pharmacy Operations, Sunshine Health*

✗ **MYTH!** The vaccine can make me sick with COVID-19.

✓ **FACT:** None of the authorized COVID-19 vaccines in the United States contain the live virus. A COVID-19 vaccine cannot make you sick with COVID-19. The vaccines teach our immune systems how to recognize and fight COVID-19.

✗ **MYTH!** I already had COVID-19, so I don't need the vaccine.

✓ **FACT:** Even if you've already had COVID-19, you can get the virus again. The COVID-19 vaccines reduce the risk of you getting severally ill with the virus.

✗ **MYTH!** I cannot afford to get the COVID-19 vaccine.

✓ **FACT:** COVID-19 vaccines are available for everyone at no cost. If anyone asks you to pay for a COVID-19 vaccine, it is a scam!

Protect unvaccinated family members and children under 5:

1. Get the COVID-19 vaccine yourself.
2. Get those who are 5 and older vaccinated.
3. Everyone should wear a mask indoors in public areas of high community transmission, regardless of your vaccination status. Do not put a mask on a child younger than 2 years old.